



Monthly Newsletter

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Created by
Mediumspiritual.com
Melitta Thorn

Merry Christmas All.

With Christmas right around the corner most of us feel a little rushed in trying to get things decorated and buying just the “perfect” gift for someone. But my soul is aching for **peace**. I have made a conscious decision not to fall into the Christmas Holiday commercial trap. Making time for myself, family and those across the veil. On my “Wish List” are things like, lending a helping hand to a friend or neighbor, baking goods and handing them out with love, adopting an Angel, taking time to talk to someone who is lonely, smiling and saying “Hi” to strangers.

As we reflect on the reason for the Season, find it in your heart to remember the less fortunate. It is about Giving of ourselves and not about Receiving. We have already received unconditional love from God (Great Spirit), Jesus, Holy Spirit, Ascended Masters, Angels, Guides, and all the good there is.

In one of my most recent Readings I connected a young lady with her husband who passed unexpectedly two years ago. She is left with four children and lots of unanswered questions. The **love** from her husband for his family was so powerful, it knocked me off balance and got me all choked up. I pray for them to find comfort in knowing that he is still here. What this family needs right now is help from caring friends and neighbors with babysitting, running errands, etc. Please reach out to someone in need in your community!

How about filling those stockings with **joy** and something meaningful instead of granting wishes that have no spiritual substance creating a desire for “wants” instead of “needs”. What are your needs?

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Happy New Year!

Melitta